


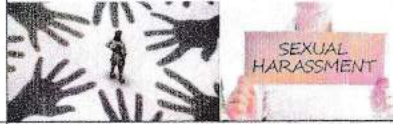

MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)
MULLANA–AMBALA, HARYANA (INDIA) - 133207
(Established under Section 3 of the UGC Act, 1956)
(Accredited by NAAC with Grade ‘A’)





Gender Sensitization Action Plan for promotion of gender equity



S. No.	Name of Activity	Proposed Date	Department
1.	Roleplay on Menstrual Irregularities at Sr. Sec. School Adoya	25/02/2021	M. M. College of Nursing
2.	Poster Making on theme Gender Sensitization on Occasion of International Women’s Day	08/03/2021	M.M. Engineering College
3.	Panel Discussion on Women in Leadership: Achieving an equal future in the COVID-19 World	08/03/2021	M. M. College of Nursing
4.	Fine arts competitions, debate and poetry on a theme achieving an equal future in a COVID-19 world.	08/03/2021	M. M. Institute of Physiotherapy and Rehabilitation
5.	Group project on cervical cancer on the occasion of women's day celebration	08/03/2021	M. M. Institute of Nursing
6.	Lecture on "Understanding gender sensitization and gender equality and the challenges faced".	07/04/2021	M. M. College of Pharmacy
7.	Expert Lecture on Awareness of Gender Sensitization by Dr. Bindu Jindal	20/04/2021	M.M. Engineering College
8.	International Midwifery Day: literary Speaking Competition	05/05/2021	M. M. College of Nursing
9.	To raise awareness among females regarding various social issues concerning women and career choices.	15/05/2021	M. M. Institute of Physiotherapy and Rehabilitation
10.	Extracurricular activities to address gender stereotypes.	05/06/2021	M. M. Institute of Physiotherapy and Rehabilitation


MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)
MULLANA-AMBALA, HARYANA (INDIA) - 133207
 (Established under Section 3 of the UGC Act, 1956)
 (Accredited by NAAC with Grade 'A')

Brief Report of Activities Carriedout for Promotion of Gender Equity Session: 2019-2020

S.No.	Name of the Event	DATE	Brief Report	No. of Participants (Approximate)	Photographs
1	Gender Sensitivity for a more Inclusive and Just Society	October 17, 2020	The resource person of the day was Dr. Savita Bhagat, Principal, DAV Century College, Faridabad. The objective of this program was to increase awareness about gender sensitivity, understanding and to attain knowledge about gender equality, promotion and to encourage a general understanding of gender-related challenges, violence against women and the gender pay gap.	115	
2	Sensitization Programme on Gender Sensitization and prevention of Sexual Harassment.	September 16, 2020	An orientation was given to post basic B.Sc Nursing 1st year regarding gender sensitisation on 16th September 2020. Orientation was given by Ms. Deepshikha regarding the topic, Gender sensitizing. The students were taught that sexual harassment is not just about physical touching or groping- the term can also be applied to any unwanted and persistent behaviour of a sexual nature. They were conveyed that various acts may come under sexual harassment like physical contact, a demand or request for sexual favours, sexually oriented remarks, showing pornography, eve-teasing, gender-based insults etc. students are informed about the procedure of registering complaints to International Complaint Committee. (ICC)	8	
3	Sensitization Programme on Gender Sensitization and prevention of Sexual Harassment.	September 15, 2020	An Online orientation was given to M.Sc Nursing 1st year regarding gender sensitisation on 15th September 2020. Orientation was given by Prof. Yogesh Kumar with help of Powtoon regarding the topic Gender sensitizing by using google meet . The students were taught that sexual harassment is not just about physical touching or groping- the term can also be applied to any unwanted and persistent behaviour of a sexual nature. They were conveyed that various acts may come under sexual harassment like physical contact, a demand or request for sexual favours, sexually oriented remarks, showing pornography, eve-teasing, gender-based insults etc. students are informed about the procedure of registering complaints to International Complaint Committee. (ICC)	14	

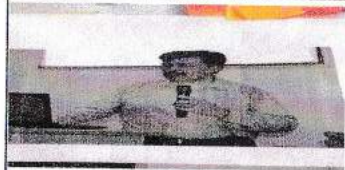


4	Poster Making Competition	March 6, 2020	In poster making competition, students designed the posters on women empowerment. Vashnavi and Anamika (MMIHM) got the 1st position and Rayasha (MMICTBM(MCA)) got the 2nd position.	22	
5	expert talk on Adolescent Health and Hygiene	March 5, 2020	Resource person Dr. Ruby Bhatia (Prof. and HOD, Dept. Of OBG, MMISR, MULLANA) presented an awareness speech on biology of women. The objective of the program to make women to aware about Adolescent Health and Hygiene. The resource person talked about various factors which affect women hygiene during menstruation period and various precautions which could be taken to stay safe and healthy. Also, she talked about various diseases (including AIDS) and its preventive measures.	66	
6	United Nations International Day for the elimination of Violence against Women	November 25, 2019	The objective of the program was to spread awareness about violence against women through Nukkad Natak at Village Budhian in collaboration with MM college of Nursing. Students held posters in the rally and raised slogans against Domestic Violence. After the nukkad natak, there was a healthy Interaction with people and a very prompt response related to the issue was received from them.	16	
7	Awareness on "World Contraception Day"	September 26, 2019	Obstetrics and gynecological department of M.M College of Nursing and MMIMS&R collaboratively conducted an exhibition on "World Contraception Day" which was headed by Dr. Poonam Sheoran (HOD, Obstetrics and Gynecology, MMCON) and Dr. Ruby Bhatia (HOD, Obstetrics and Gynecology, MMIMS&R)	80	


8	Gender Sensitization and prevention of Sexual Harassment.	August 20, 2019	The students of B.Sc. nursing 2nd year were oriented through the lecture on the topic " Sexual harassment". The organizers were Ms. Jaspreet Kaur (Nursing Tutor) and Ms. Pabalpreet Kaur (Nursing Tutor). The venue was Bsc nursing 2nd year classroom. Total 73 students attended this lecture among which 34 were boys and 39 were females. The students were made aware about the members involved in gender sensitization committee.	73	
9	Sensitization Programme on Gender Sensitization and prevention of Sexual Harassment.	August 1, 2019	An orientation was given to Post basic B.Sc Nursing 1st year regarding gender sensitisation on 1st August 2019. Orientation was given by Ms. Neha regarding the topic. Gender sensitizing "is about changing behaviour and instilling empathy into the views that we hold about our own and the other genders." It helps in "examining their personal attitudes and beliefs and questioning the "realities" they thought they know. Since sexual harassment is unwelcomed social behaviour which could be expected to make a person feel offended and humiliated.	16	
10	Expert Talk on 'Gender Sensitization' in Induction program-2019	July 11, 2019	A session was conducted by Dr.Poonam Sheoran. In her wards the 'Sex' and 'Gender', though considered one, but are two different terms. Sex is natural while gender is a construction. Madam Poonam Sheoran asked a number of questions to the students related to the same and solved their queries while delivering a talk on gender sensitization.	280	


 Registrar
 Maharishi Markandeshwar
 (Deemed to be University),
 Mullana-Ambala 133-207

MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)
MULLANA-AMBALA, HARYANA (INDIA) - 133207
 (Established under Section 3 of the UGC Act, 1956)
 (Accredited by NAAC with Grade 'A')

Brief Report of Activities Carriedout for Promotion of Gender Equity Session:2018-2019

S.No.	Name of the Event	DATE	Brief Report	No. of Participants (Approximate)	Photographs
1	Health awareness programme on end of violence against women and children	December 21, 2018	A Health awareness program was conducted on end of violence against women and children, it was conducted by B.Sc. Nursing students of M.M. College of Nursing under the constant guidance of College faculty. The project was started by displaying posters and charts along with role play, so that participants can understand and gain knowledge regarding various aspect of violence against women and children.	7	
2	Second Nationwide Competition	December 19, 2018	Second Nationwide Competition for generating awareness about legal rights of women in collaboration with National Commission for Women	262	
3	Breast feeding	October 26, 2018	A mass awareness program was conducted on Breastfeeding, it was conducted by B.Sc. Nursing 4th year students (group II 30 students) of M. M. College of Nursing on 26th October, 2018 under the constant guidance of Ms. Neha Patyal, Nursing Tutor, Obstetrics and Gynecological Nursing along with 2 clinical instructors. The program was conducted at Ambala city, total 80-90 participants were there in group project.	30	
4	Guest lecture on "Women Wellness"	October 17, 2018	Women Cell,MMIM organised a guest lecture for all girls students by Dr. Unmesh S.Santpur Prof. in Obstetrics & Gynaecologist,MM Institute of Medical sciences& Research,MMDU,Mullana .Prof.Unmesh has told the audience about the situation of women in india and how much ignorance is there when it comes to women health.He highlights the issues like Rape,sexual abuse,female foeticide,.He also explained how the women can maintain good health to prevent diseases like cancer,STD.he concluded that regular exercise is the best way to live healthy life.	45	
5	Rangoli	August 22, 2018	women cell MMIM organised Rangoli Co.petition for Girls students of MMIM.	15	
6	Sensitization Programme on Sexual Harassment at Work Place	August 7, 2018	Prof. (Dr.) Bindu Jindal & Prof. (Dr.) Saroj Chhabra, presented your views on different constitutional and legal provisions on Sexual Harassment at Work Place.	45	


Registrar
Maharishi Markandeshwar
(Deemed to be University)
Mullana-Ambala 133207




MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)


MULLANA-AMBALA, HARYANA (INDIA) - 133207






(Established under Section 3 of the UGC Act, 1956)

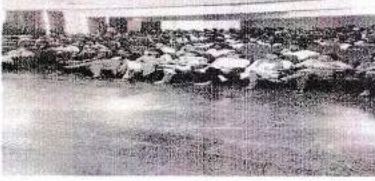




(Accredited by NAAC with Grade 'A')


Brief Report of Activities Carriedout for Promotion of Gender Equity Session: 2017-2018


S.No.	Name of the Event	DATE	Brief Report	No. of Participants (Approximate)	Photographs
1	Anemia in pregnancy	June 10, 2018	A mass awareness program was conducted on Anemia in pregnancy, it was conducted by B.Sc. Nursing 4th year students (group I 31 students) of M.M. College of Nursing under the constant guidance of Ms. Neha Patyal, Nursing Tutor, Obstetrics and Gynecological Nursing along with 2 clinical instructors. The program was conducted at Ambala city, total 90-100 participants were there in group project. The project was started by displaying posters and charts in school so that participants can understand and gain knowledge regarding various aspect of breast feeding.	31	
2	Seminar On "Sexual Harassment In Workplace	April 8, 2018	Resource persons were: Dr. Bindu Jindal, LL.M., Ph.D., Principal, M. M. College of Law, Mullana and Dr. Saroj Chhabra, LL.M., Ph.D., Professor, M. M. College of Law, Mullana. The event was attended by female faculty, postgraduates, interns and undergraduates and was well received. The seminar was followed by a brief question and answers session.	150	
3	International Women's Day	March 8, 2018	Women Cell and GSCASH of Maharishi Markandeshwar-Deemed to be University organized a one day Social Awakening Fest, "HER Renaissance" on International Women's Day i.e. March 8, 2018, by organizing a no. of activities. Honble Deputy Commissioner and CJM Ambala were the Chief Guests.	402	
4	International women Day	March 8, 2018	Women Cell,MMIM haa organised a one day Social Awakening fest,"Her Renaissance" on International Women's day.Many activities like Wear your attitude,Elocution,poster making,Mehndi competition,Slogan Writing,Rangoli has organised.Students has prticipated in all activities.	28	
5	Elocution	March 8, 2018	The Elocution Competition was held on 8th March ,2018.The Topic of Elocution was Empowerment of Women.The students were selected based on criteria like content, vocabulary , presentation and confidence level. This competition gives students a good opportunity to combat with the biggest fear factor. The students participated with great enthusiasm and it was indeed a treat to hear them come out with great experience. The winners of Elocution competition were Priya Sahni-First (MSc Dietetics Second Semester) and Anup Duwadi -Second (MSc Dietetics Second Semester)	4	

6	Poster making Competition	March 8, 2018	Poster competition Poster making competition was organized by MMIT & BM(Hotel Mgt.) held on 8th March 2018 International women's Day .The event started at 9:30 a.m and the given time for the competition was 2 Hours. The main objective of the event was to explore the hidden talent of the students and they expressed their views and thoughts. They came up with amazing creativity their efforts and initiative was appreciated by one and all. The theme of the competition was "Saving the Girl child". The winners of the event were Aman (BHM – Second Semester)-First, Dimple (BFST-Fourth Semester)-Second, Poppy (ATHM- Second Semester)-Third	9	
7	Slogan writing	March 8, 2018	Slogan writing competition was organized in the HM Department on August 8th 2018 and the Theme Picture was given to the students for writing the Slogan.The aim of the activity was to hone the artistic style of writing .The students very creatively wrote different messages using different calligraphy styles.The winners of the event were-----Simran-First (Msc Second Semester)Anup Duwadi -Second(MSc Second Semester) Manvi Gupta-Third(Diploma Food Production Second Semester)	8	
8	Rangoli	March 8, 2018	Rangoli Competition was organized on 7th March 2018 .More than 10 students participated in the Competition.The purpose of the event was to adopt a culture of healthy practices in the Institution .The theme of the competition was "Women Related Issues"Rangoli is an ancient art that is followed all over India. All the students made bright beautiful designs of Rangolis.The judging criteria for rangoli was base on colour combination, creativity and neatness of the rangoli patterns.The winner of Rangoli Competition were Twinkle and Savi Jain first From MSc Second Semester and Aman and Pranisha Second from BHM Second Semester.	10	
9	Celebration of International Women's Day	March 8, 2018	Women cell of Department of Law, MM(DU)organized a one day social awakening fest 'HER Renaissance' marked with various activities i.e. wear your attitude, elocution, poster making, mehandi, slogan writing and rangoli.	150	
10	Gender sensitization and sexual harassment (student)	February 9, 2018	Session on Sensitization on sexual harassment was conducted by Mrs Gurvinder kaur (coordinator B.Sc nursing 3rd year) and Mrs Adiba Siddiqui (Professor . OBG Deptt.) for the orientation of B.Sc nursing 3rd and 4th year students regarding the sexual harassment for the students as well as the internal complain / sexual harassment committee at college and university level.	50	

11	Warning signs & hugh risk pregnancy	February 3, 2018	A Health awareness program was conducted on Warning signs & hugh risk pregnancy, it was conducted by B.Sc. Nursing students of M.M. College of Nursing under the constant guidance of College faculty. The project was started by displaying posters and charts along with role play, so that participants can understand and gain knowledge regarding various aspect of Warning signs & hugh risk pregnancy.	30	
12	National Girl Child Day	January 24, 2018	A National Girl Child Day was celebrated by dept. of Humanities and a Group Discussion was organized	43	
13	Adoloscent health	January 21, 2018	M.Sc. Nursing 1st year students of M.M. College of Nursing on 21st Jan, 2018 has organised a group project under the constant guidance of Miss Simarjeet Kaur, Assistant Professor, Obstetrics and Gynaecological Nursing. The topic of the programme was "Adolescent health". The programme was conducted for the students of Arya.Sr Sec.public School Mullana, Ambala. Total more than 300 students have been participated in the group project along with two teachers.	5	
14	Anti Dowry Day	November 27, 2017	Panel Discussion on "Dowry in 21s Century India: An Ugly Blot" was conducetd. Dr. Vanita Aggarwal, Dr. Bindu Jindal, Dr. Avinash Sharma, Dr. Tanu Gupta, and Mr. RD Gupta were among the penalists	200	
15	Panel Discussion on 'Dowry in 21th Century in India	November 27, 2017	Women Cell,MMIM organise debate and discussion on Dowry in 21th century in India. Where girls students has share their view point on this particular ugly blot. Women Cell decided to explore the causes,effects and remedies of dowry System which is still perpetuating in a progressive contry like India.	12	
16	Health awareness programme on "viprit parisithithio ka nikale samadhan, har mahila durga saman	November 22, 2017	Display of story is based on women right on two family in which first is female feticide and in second is gender discrimination and have provide health education given by the student of M.M. College of nursing	50	





17	Awareness Programme on Self-Defence(Girls Students)	November 14, 2017	Women Cell,MMIM ceaselessly endeavours to implement holistic training methodologies for the overall development of girls students. Looking into the current scenario of the society and needs of women empowerment,the women cell of MMIM organized an awareness programme on self defense of girls students of the college. There were around 100 girl participants. The resource person Dr. Tanu Gupta, gave useful information to them regarding various women issues including Dowry system, eve teasing, sexual harrasment, Domestic violence and many others.	100	
18	Diwali Celebration	October 13, 2017	Women Cell is celebrating Deepawali on 13th Oct., 2017 by organizing	91	
19	Colours depicts life.Light depict Deepawali	October 12, 2017	Women Cell ,MMIM has organised a event to celebrate Diwali Festival, girls students has participated in Diya making and Mehndi competition.	15	
20	Celebration of International Girl Child Day	October 11, 2017	Various competitions including Paper Presentation, Poster Making and Essay Writing were held to create the awareness to save girl child.	150	
21	Health awareness programme on Eve Teasing fight against eve teasing	October 9, 2017	B.Sc Nursing 4th year student did the School Health Programme on Eve Teasing. Eve teasing is a common problem now days. We aware the school children and teacher about causes and prevention of eve teasing with the help of role play. To aware the adolescent girls and boys regarding Eve Teasing is very important. So we selected the topic 'EVE TEASING' for school health programme.	89	
22	Teacher's Day	September 5, 2017	Women Cell,MMIM has celebrated Teacher's Day .All female staff participated with full enthusiasm in differemnt games.	12	


23	Panel Discussion	August 24, 2017	Women Cell in collaboration with NITTTTR, Chandigarh, conducted a Panel Discussion on "Role of Institutions in Curbing Gender Harrassment" through ICT	140	
24	Mehandi Compeition	August 11, 2017	The Women Cell of MMICT & BM(Hotel megt.) Organised a Mehandi Competition on 11th August 2017 in the Front office Area from 10:00 am to 11:30 am. Ten Students participated in the competition.The student shows their creativity by making various designs and patterns.The following teachers were given the charge for organizing the competition Mrs.Monika and Mr.Sandeep Raheja.The winner of Mehandi Competition Narender Kaur (MSc -II Semester) first and Anita (MSc-II Semester) Second.	10	



Registrar
Maharishi Markandeshwar
(Deemed to be University)
Mullana-Ambala 133-207

MAHARISHI MARKANDESHWAR UNIVERSITY
MULLANA-AMBALA, HARYANA (INDIA) - 133207
 (Established under Section 3 of the UGC Act, 1956)
 (Accredited by NAAC with Grade 'A')

Brief Report of Activities Carriedout for Promotion of Gender Equity Session: 2016-2017

S.No.	Name of the Event	DATE	Brief Report	No. of Participants (Approximate)	Photographs
1	Group project on gender equality "nari nahi pursho se kam, nari hai har kaam mein shaksham"	March 28, 2017	A Health awareness program was conducted on gender equality "nari nahi pursho se kam, nari hai har kaam mein shaksham", it was conducted by B. Sc. Nursing students of M.M. College of Nursing under the constant guidance of College faculty. The project was started by displaying posters and charts along with role play, so that participants can understand and gain knowledge regarding various aspect of gender equality.	20	
2	International Women's Day	March 8, 2017	WOMEN CELL celebrated International Women's Day on Mar. 8, 2017 by organizing a Multi-Event Programme.	200	
3	International Women's Day	March 8, 2017	Women Cell,MMIM has celebrated International Women's Day in Dept. students has participated in many activities like Poster making,Mehndi Competition,rangoli competition	13	
4	Celebration of International Women's Day	March 8, 2017	International Women's Day was celebrated by the Women Cell of Department of Law. Various competition including Paper Presentation, Poster Making, Mehndi and Slogan Writing Competition were held on the theme of Women's Day.	150	
5	Panel discussion on "Be bold for change (student)"	March 8, 2017	An International women's Day Celebration was conducted by the students of M.Sc. Nursing 1st Year (Obstetrical & gynaecology) of M.M. College of Nursing on 08 March 2017 under the constant guidance of Miss Amandeep Kaur, Assistant Professor, Obstetrical & Gynaecological Nursing. The main programme is Panel Discussion and Debate Competition & board decoration. The theme of the programme was Be Bold For Change.	7	

6	Rangoli Competition	March 3, 2017	<p>Rangoli Competition was organized on 3rd March 2017. More than 15 students participated in the Competition. The purpose of the event was to adopt a culture of healthy practices in the Institution. The theme of the competition was "Independence Day". Rangoli is an ancient art that is followed all over India. All the students made bright beautiful designs of Rangolis. The judging criteria for rangoli was based on colour combination, creativity and neatness of the rangoli patterns. The winner of Rangoli Competition were Pooja Makan of BHM-VI and Nikita from BHM-IV First Prize.</p>	15	
7	National Girl Child Day	January 24, 2017	<p>Women cell of Maharishi Markandeshwar Engineering College along with Department of Humanities and Social Science, organized National Girl Child Day on Jan. 24, 2017. Dr. Avinash Sharma, Principal, M. M. E. C., graced the occasion with his presence and motivated the students towards the importance of girl child in the society. Dr. Tanu Gupta, Chairperson, Women cell, delivered a talk on the occasion and discussed various cultural and ideological factors responsible for the worse situation of girls in India as compared to other countries. Dr. Deepak Gupta talked about the status of women in Indian scriptures and philosophy. More than 200 students participated in the program actively and shared their views also. They expressed their desire for a change in the society.</p>	200	


Registrar
Maharishi Markandeshwar
(Deemed to be University),
Mullana-Ambala 133-207




MAHARISHI MARKANDESHWAR UNIVERSITY


MULLANA-AMBALA, HARYANA (INDIA) - 133207

(Established under Section 3 of the UGC Act, 1956)

(Accredited by NAAC with Grade 'A')

Brief Reports of the Activities carriedout for promotion of Gender Equity Session:2015-2016

S.No.	Name of the Event	DATE	Brief Report	No. of Participants (Approximate)	Photographs
1	Panel Discussion	March 8, 2016	A Panel Discussion on "Make it happen-pledge for parity (gender equality) was held The students from P.B.B.Sc. Nursing 1st year and B. Sc. Nursing 2nd year have participated.	120	
2	Poster making Competition	March 8, 2016	On Occasion of "Women's day celebration" A Poster making competition on title "pledge for parity" was conducted.The students from all nursing courses have participated. The winner were provided with the Prizes.	20	
3	Display board decoration	March 8, 2016	A display board was decorated by the M.Sc. Nursing 1st year students in the Ground floor of the M.M. College of Nursing.	5	


Registrar
Maharishi Markandeshwar
(Deemed to be University)
Mullana-Ambala 133-207